



## 2022 Summer Camp

### Horseback Riding Camp

We have three different levels for our tradition horseback riding camps (see below). Campers will enjoy 1 lesson per day and other fun and educational camp activities.

#### Dates:

B1/B2: June 13<sup>th</sup>-17<sup>th</sup>  
IB/B1: July 5<sup>th</sup> – July 9<sup>th</sup>  
B3/I1: Aug 15<sup>th</sup> – Aug 19<sup>th</sup>

#### Time

Half Day: 9:00-12:00  
(12:30 if eating with camp)  
Full Day: 9:00-3:00

#### Cost

Half Day: \$70/day or \$275/wk  
Full Day: \$100/day or \$425/wk

Camper must wear proper riding attire, including helmet, leggings or riding pants, a boot with a heel. Please bring a change of clothes, as we might do water activities.

### Competition Camp

Geared for riders interested in dressage, combined test and horse trials competitions. Each camp has a competition the following Sat and/or Sun, which the riders will be encouraged to participate in.

***\*\*Please Inquire about riding requirements for these camps\*\****

#### Dates:

Intermediate: June 20<sup>th</sup>-24<sup>th</sup>  
(Dressage in the Carolinas)

Adv Beginner: July 18<sup>th</sup>-22<sup>nd</sup>  
(GWS D/CT)

Advanced: Aug 8<sup>th</sup>-11<sup>th</sup>  
(WindRidge CT/HT)

#### Time

8:30-3:30  
Final itinerary out by Aug 1st

Cost  
\$500

*This camp is riding and theory intense. Riders will have 2 lesson per day and a minimum of 1 lecture per day. )*

**GaitWay Stables**  
**7206 Schley Rd Hillsborough, NC**

**919-621-0440**  
[amy.gaitwaystables@gmail.com](mailto:amy.gaitwaystables@gmail.com)



## 2022 Camp Registration Form

Today's Date \_\_\_\_\_

Name \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_ Home Phone \_\_\_\_\_  
Cell Phone: \_\_\_\_\_ Email \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Weight \_\_\_\_\_  
If student, name of school \_\_\_\_\_

### Parent/Guardian Information (if applicable)

Name: \_\_\_\_\_ Address: \_\_\_\_\_  
Phone #: \_\_\_\_\_ Phone #: \_\_\_\_\_

### Emergency Contact Information

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Contact number \_\_\_\_\_

### Camp Dates & Sign-Up

B1/B2 Camp: June 13<sup>th</sup>-17<sup>th</sup> - \$

IB/B1: July 5<sup>th</sup>-July 9<sup>th</sup>

B3/I1 Camp: Aug 15<sup>th</sup>-19<sup>th</sup>

### Competition Camps

Intermediate Competition Camp: June 20<sup>th</sup>-24<sup>th</sup> (Dressage in the Carolinas)  
Adv Beginner Competition Camp: July 18<sup>th</sup>-July 22<sup>nd</sup> (GWS Home D/CT Show)  
Advanced Competition Camp: July 8<sup>th</sup>-11<sup>th</sup> (WindRidge CT/HT)

### Camp Sign-up

Week 1: \_\_\_\_\_ Cost: \_\_\_\_\_ Deposit: \_\_\_\_\_ Week 3: \_\_\_\_\_ Cost: \_\_\_\_\_ Deposit: \_\_\_\_\_  
Week 2: \_\_\_\_\_ Cost: \_\_\_\_\_ Deposit: \_\_\_\_\_ Week 4: \_\_\_\_\_ Cost: \_\_\_\_\_ Deposit: \_\_\_\_\_

-----DO NOT WRITE BELOW-----

### Notes :

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## Questionnaire

How did you learn about GaitWay Stables? \_\_\_\_\_

Please describe your experience with horses

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What are your goals for camp?

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What are your best style(s) of learning (i.e. visual, logical, verbal, aural, physical, social and solitary)?

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Have you ever fallen off a horse? Any injuries resulting?

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Any other information you feel we should know?

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### MEDICAL HISTORY

<b>Aliment</b>	<b>Y</b>	<b>N</b>	<b>Please Provide Details</b>
Vision			
Hearing			
Communication			
Heart			
Breathing			
Digestion			
Emotional			
Behavioral			
Thinking/Cognitive			
Joint/Bone			
Muscular			
Pain			
Allergies			
Seizures			

List any Medications:

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Do you have any physical limitations? If so, please describe:

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## SUMMER CAMP TERMS.

1. A 40% deposit is due with this registration form. The remaining balance is due by the 1<sup>st</sup> day of camp. Deposits are non-refundable unless GWS cancels.
2. Campers that do not regularly ride with GWS are encouraged to take one or two lessons prior to camp. This allows the students to get to know the instructors and horses and allows the instructors to assess the campers riding abilities.
3. If a rider conducts themselves in a manner that is considered to be injurious or prejudicial to the character or interests of GaitWay Stables, its management, staff or customers, or fails to comply with the facility's rules and regulations their lesson will be terminated, no refund will be made and they will be escorted from the facility.
4. Remove and leave all loose jewelry at home. Wrist watches and stud/sleeper type earrings are allowed.
5. Smoking is prohibited on GaitWay premises.
6. Riders are responsible for cleaning up after themselves and their assigned horses. We like to believe that everyone will pitch in as a team also helping one another.

### Liability Release

In consideration of GAITWAY STABLES, LLC allowing my participation in this activity, under the terms set forth herein, I, the RIDER, and the parent or guardian thereof if a minor, do agree to hold harmless and release GAITWAY STABLES, LLC its owners, agents, employees, officers, members, premises owners, insurers, and affiliated organizations from legal liability due to GAITWAY STABLES, LLC ordinary negligence; and I do further agree that except in the event of GAITWAY STABLES, LLC gross negligence and willful and wanton misconduct, I shall not bring any claims, demand, legal actions and causes of action, against GAITWAY STABLES, LLC and/or its associates, for any economic and non-economic losses due to bodily injury, death, property damage, sustained by me and/or my minor child or legal ward in relation to the premises and operations of GAITWAY STABLES, LLC to include while riding, handling, or otherwise being near horses owned by or in the care, custody and control of GAITWAY STABLES, LLC.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Parent or Guardian Signature if under 18 years of age)

\_\_\_\_\_  
(Print name of rider)

### Photo Release

I DO  DO NOT  consent to and authorize the use and reproduction by GaitWay Stables of any photographs and any other audio-visual materials taken of me for promotional material, educational activities, exhibitions or for any other use for the benefit of the program.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Parent or Guardian Signature if under 18 years of age)

\_\_\_\_\_  
(Print name of rider)

## Medical Consent

Authorization for Emergency Medical Treatment In the event emergency medical aid/treatment is required due to illness or injury during the process of receiving services, or while being on the property of the agency, I authorize GaitWay Stables to secure and retain medical treatment and transportation if needed.

Name \_\_\_\_\_ Phone \_\_\_\_\_ Address \_\_\_\_\_  
City \_\_\_\_\_ Zip \_\_\_\_\_

Emergency contacts:

Name \_\_\_\_\_ Phone \_\_\_\_\_ Other \_\_\_\_\_  
Name \_\_\_\_\_ Phone \_\_\_\_\_ Other \_\_\_\_\_

Physician's Name \_\_\_\_\_ Preferred Medical Facility \_\_\_\_\_  
Health Insurance Company \_\_\_\_\_ Policy # \_\_\_\_\_

Consent Plan: This authorization includes x-rays, surgery, hospitalization, medication, and any treatment procedure deemed "life saving" by the physician. This provision will only be invoked if the person listed below is unable to consent for treatment.

Consent signature \_\_\_\_\_ Date \_\_\_\_\_  
(Parent or Guardian Signature if under 18 years of age)  
Print Name \_\_\_\_\_

Non-Consent Plan I do not give my consent for emergency medical treatment/aid in the case of illness or injury during the process of receiving services or while being on the property of the agency. In the event of emergency treatment/aid is required, I wish the following procedure to take place:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Non-Consent Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Parent or Guardian Signature if under 18 years of age)  
Print Name \_\_\_\_\_



## Sample Competition Camp Itinerary

# Welcome to COMPETITION CAMP 2019!!

## Homework to bring 1st day of Camp:

1. What are your strengths and weaknesses in dressage & jumping?
2. Are there any exercises you would like to do to help you with your weaknesses?
3. What are your horses strengths and weaknesses in dressage & jumping  
(those of you riding horses you don't know – don't worry about this question)
4. Are there any exercises you would like to do to help with your horses weaknesses?

## Monday

8:00 – Arrive – Setup Stalls/Feed Camp Horses  
8:30 – Groom/Tack  
9:00 – Ride #1 – Timing of the Aids  
10:00 – Lunging – Analyzing Movement (Pending weather)  
10  
12:00 – Lunch  
12:30 – Groom/Tack  
12:45 – Dressage Position Lesson – Group #1  
1:45 – Dressage Position Lesson – Group #2  
2:45 – Untack  
3:00 - Lecture: \_\_Dressage Arena Geometry\_\_  
3:30 – End of Day

## Tuesday

8:30 – Arrive  
8:45 – Lecture: \_\_Jump Position & Releases\_\_  
9:15 – Groom/Tack  
9:45 – Jumping Lesson – Group #1  
10:30 – Jumping Lesson – Group #2  
11:15 – Untack  
11:45 - Lunch  
12:15 – Lecture: \_\_Circle of Energy & Training Pyramid\_\_  
1:00 - Groom/Tack  
1:15 – Dressage Lesson – Group #1  
2:00 – Dressage Lesson – Group #2  
2:45 – Untack  
3:00 – Horsemanship Lecture: \_\_Sports Psychology\_\_  
3:30 – End of Day

### Dressage

Group #1: Ellie / Journey  
Sierra / Latte  
Harper / Rebel  
Lea / Cooper

Group #2: Jared / Sullivan  
Hannah / Shylo  
Llia / Vesta

### Jumping

Group #1: Ellie / Journey  
Sierra / Latte  
Harper / Rebel  
Lea / Cooper

Group #2: Jared / Sullivan  
Hannah / Shylo  
Llia / Vesta

*Homework: Thoroughly read through Training Pyramid and Circle of Energy paperwork.  
How does this apply to you and your horse?*

### Wednesday

8:30 – Arrive

8:45 – Groom/Tack

9:15 – Dressage Lesson – Group #1

10:00 – Dressage Lesson – Group #2

10:45 – Untack

11:15 - Lecture: *\_Types of Jump Courses\_*

11:45 - Lunch

12:45 - Groom/Tack

1:00 – Jumping Lesson – Group #1

1:45 – Jumping Lesson – Group #2

2:30 – Untack

3:00 – Jumping Lecture: *\_\_Creating Jump Courses\_\_*

3:30 – End of Day

#### Dressage

Group #1: Ellie / Journey  
Sierra / Latte  
Llia / Cooper

Group #2: Jared / Sullivan  
Lea / Roary  
Hannah / Shylo  
Harper / Vesta

#### Dressage

Group #1: Ellie / Journey  
Sierra / Latte  
Llia / Cooper

Group #2: Jared / Sullivan  
Lea / Roary  
Hannah / Shylo  
Harper / Vesta

*Homework: Strategize your dressage test using the known strengths and weaknesses between you and your horse.*

### Thursday

8:15 – Arrive

8:30 – Lecture Horsemanship: Massage/Saddle Fitting

8:30 – Saddle Fitting Demo

9:00 – Massage Demo – Roary

*10:00 – Massage – Journey*

*11:00 – Massage – Vesta*

10:00 – Set Up Jump Course & Dressage Arena

11:00 – Lecture: *\_\_Strategizing Dressage Tests\_\_*

11:30 - Lunch

12:15 – Groom/Tack

12:30 – Dressage Tests – Everyone

2:15 – Jumping/Speed Work (Pond Field) – Everyone

3:15 – Untack

3:30 – End of Day

#### Dressage

Group #1: Ellie / Journey  
Sierra / Latte  
Harper / Rebel  
Lea / Cooper

Group #2: Jared / Sullivan  
Hannah / Shylo  
Llia / Vesta

#### Jumping

Group #1: Ellie / Journey  
Sierra / Latte  
Harper / Rebel  
Lea / Cooper

Group #2: Jared / Sullivan  
Hannah / Shylo  
Llia / Vesta

*Homework: Set goals for Friday's Mock Combined Training Test.*



## Friday

8:30 - Arrive

9:30-10:30 - Dressage Tests

### Dressage Tests

Rider / Horse	Dressage Test	Groom/Tack	Lunge	Be Mounted	Ride Time
Ellie / Journey	BN A	8:30		9:00	9:30
Llia Isley / Rebel	BN A	8:45		9:20	9:40
Sierra / Latte	Intro B	9:00		9:30	9:50
Lea / Cooper	Intro C	9:00		9:30	10:00
Harper / Vesta	Intro B	9:00	9:30	9:50	10:10
Jared / Sullivan	Intro A	9:30	8:45*	9:45	10:20
Hannah / Shylo	Intro A	9:45		10:10	10:30

\*Amy will lunge

### Jump Rounds

Rider/Horse	Jump Height	Be Mounted	Ride Time
Ellie / Journey	2'11"	10:40	11:00
Llia / Rebel	2'3"	10:50	11:07
Sierra / Latte	2'3"	10:50	11:14
Lea / Cooper	2'3"	11:00	11:21
Harper / Rebel	18"	11:15	11:28
Jared / Sullivan	18"	11:00	11:35
Hannah / Shylo	18"	11:20	11:42

12:15 - Lunch

1:00 – Packing/Bathing Horses

4:00 – Feed all GWS Horses\*

\*Everyone that can help to feed please stay. The earlier we can all leave the better for all of us!!





# Sample Itinerary

B1/B2 Camp

# Welcome to GWS Summer Riding Camp!!

## Notes

1. Please make sure your child has snacks and lunch
2. We ask that each family donate a 24 pack of bottled water (don't worry – we recycle!)
3. Make sure kids have sunscreen packed. We will remind them to reapply.
  4. Please bring a change of clothes that can stay at camp for the week
  5. Remember that your camp balance is required to be paid in full by the 1<sup>st</sup> morning of camp.
6. If your child will need early drop-off or late pickup, please make sure we know ahead of time.

## Daily Schedule

- 9:00 – Campers Arrive
- 9:15 – Setup Stalls for the day
- 9:45 – Groom/Tack
- 10:15 – Group #1 Riding Lesson
- Group #2 – Hands on Lecture
- 11:15 – Everyone helps untack/care for horses
- 11:45 – Free Time/Lunch
- 12:45 – Groom/Tack
- 1:15 – Group #2 Riding Lessons
- Group #1 – Hands on Lecture
- 2:15 – Everyone helps untack/care for horses
- 2:30 – Arts and Crafts
- 3:00 – End of Camp